

THE BISTRO

COFFEE, TEA, LATTE

	12 oz.	16 oz.
Brewed Coffee	\$2	\$3
Tea	-	\$3
Espresso	sgl. \$2	dbl. \$3
Americano	\$4	\$4
Hot Chocolate	\$4	\$5
Cappucino	\$5	\$6
Mocha or Matcha	\$6	\$7
Caramel Macchiato	\$6	\$7
Waterfront Fog	\$6	\$7
Chai Tea Latte	\$6	\$7
Latte	\$5	\$6

Add Syrup \$1



Iced Coffee \$7

16 OZ. SMOOTHIES \$9

Magnificent Mango

Mango, banana, yogurt, pineapple juice

Perfectly Peachy

Peach, yogurt, pineapple juice

The Hulk

Spinach, barley grass powder, mango, pineapple juice, ginger

Banana Baby

Bananas, coconut milk powder, pineapple juice

Add-ons \$1

Hemp, chia, flax

FRESH FRUIT JUICE \$3

Orange, pineapple, grapefruit, cranberry, apple



BREAKFAST

English Muffin \$9
Breakfast Panini \$10
Grilled Wrap \$11

Served with eggs and cheese and your choice of ham, sausage or bacon

Vegan Breakfast Sandwich \$12

Vegan eggs, spinach, sundried tomato, mushrooms and onions

Waffles with Whipped Cream & Berries \$14

Served with bacon, sausage or ham

Omelette \$14

Jack and cheddar cheese omelette topped with kale, sundried tomatoes, mushrooms and onions served with sausage and toast

Daily Specials Available
Ask your Host For Details

LUNCH

Best Damn BLT \$12

Bacon, tomato bruschetta, lettuce with a bit of mayo

Grilled Chicken Bruschetta Wrap \$14

Chicken, bruschetta, spinach and Monterey cheese

House Sandwich \$12

Turkey, ham, or roast beef on whole wheat or white bread with lettuce, tomato and our homemade honey mustard dill

Apple Chicken Salad \$12

Served on your choice of bread, croissant, wrap or gluten free and vegan options with lettuce and local organic micro greens

Vegan Sausage Melt \$14

Served with spinach, mushrooms, onions and vegan cheese on our vegan panini bread

Add soup or salad to any sandwich \$4

Your choice of a salad out of deli fridge or soup if available

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KIDS

Waffles \$9

Served with whipped cream and maple syrup

English Muffin \$9

With bacon

Grilled Cheese \$9

Loaded with cheese and grilled to perfection

PLATES & SIDES

Homemade Granola & Yogurt Parfait \$11

Side Salad of Choice \$6 sm \$10 med \$14 lg

From deli counter

Fruit Plate \$12 Per Person

Vegetables & Dip \$9 Per Person

Charcuterie Plate \$16 Per Person

2 Meats, 3 Cheeses

Soup of the Day \$8 small \$12 large

Ask your server for today's selection