



## SUMMERLAND

• Waterfront Resort & Spa •

Total meeting package 10 guests or more \$129 a person

A smart efficient streamlined package including:

Meeting venue  
Traditional tasty breakfast buffet  
Coffee and tea station  
AM or PM nutrition break  
Lunch  
Audio visual – podium, screen & projector

### **Breakfast choices**

Choice of bacon, ham, or sausage served with scrambled eggs smothered in cheese, oven roasted baby potato hash browns

**or**

Breakfast croissant with bacon ham or sausage served with homemade muffins

**or**

Waffles with whip cream and berries accompanied with bacon, ham or sausage served with an assortment of pastries

*All breakfasts are served with a toaster station and a fresh fruit display*

### **Nutrition break choices**

**\*Choose one included in the package\***

Fresh fruit served with a coconut yogurt dip or fresh veggies with our favourite umami dip.

**or**

Charcuterie served individually or in a grand display

**or**

Assorted cookies, vegan and gluten-free options with milk and milk alternatives

### **Nutrition break upgrades for an additional \$9 per person**

Build your own parfaits with, organic yogurt, assorted seasonal fruit, chia, hemp, flax, sprouted nuts, and coconut whip cream

**or**

Peanut butter protein balls and seasonal whole fruit

**or**

Cornbread muffin stuffed with cheese, jalapeño, green onion, and bacon (optional) served with whipped honey butter



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## Lunch choices

Each option is served with your choice of soup or a salad

### **Soup of the day**

Creamy tomato basil soup

### **Salad choices**

Arugula blackberry and butternut with goats' cheese

Tomato and peach with burrata and basil

Yam and dill potato

Mixed summer greens with tomatoes and cucumbers

Sun dried tomato and roasted red pepper pasta

### **SWR Signature individual chicken pot pie**

Loaded with locally sourced fresh vegetables and herbs, topped with puff pastry and baked to perfection.

Vegan, vegetarian and gluten-free options available

or

### **Build your Own Sandwich**

Assortment of meats, assorted cheese, variety of bread, including vegan and gluten-free options An assortment of condiments and fresh toppings, lettuce, tomato, onions, pickle, avocado spread and sprouts. Our signature chickpea salad for the vegan/vegetarian option.

or

### **Rotolo di Spinaci**

Lasagna roll ups stuffed with spinach, ricotta, and chorizo in a creamy rose sauce baked in cheese to perfection.

Vegan, vegetarian option available

### **Gluten free options available**

**All food and beverage service are subject to taxes and 18% gratuity**